

## PRAYING THROUGH LENT Online Prayer Retreat

Visit: www.stgeorgecatholicmaghull.com

Join St Georges' Parish, 'Praying Through Lent' to help renew and refresh your home prayer life.

Throughout the season of Lent there will be a series of prayer resources for each week, for parishioners to use to enhance their spiritual preparation for Easter. The retreat will start on Ash Wednesday Wed 5<sup>th</sup> March. Resources will include:

- Praying with Art An exploration of a piece of Lent related art and the spirituality contained within it
- A weekly video reflection.
- A written reflection
- Suggested Bible passages for Lectio Divina exercises
- Suggested Bible passages for Imaginative Contemplation
- Pieces of music to pray with.
- Activities for Children

TAKE PART at our PARISH WEBSITE & click

'PRAYING THROUGH LENT'